

Nutrition Management Today

Happy New Year 2013



Inside this issue:

Advisory Board Update	1
Message from the Editor	2
Thank You to the Industry Dinner	3
Save the Date	4
Did you know?	5
Meet a Board Member	5
SK Rep Update	6
New website sneak peek!	



Highlights

Membership Renewal information will be coming out early in 2013!

Stay tuned for updates on the upcoming Education Day!

Sponsorship Opportunities for vendors!

The Food & Nutrition Management SIAST Advisory Board met on Friday, November 16, 2012 at Kelsey Campus. Representation from all sectors of Food Service Management were in attendance to contribute ideas regarding program change recommendations for upcoming years.

Connie Frith, Program Head reported that they had 11 students graduate in the spring of 2012. Two graduates with full-time employment immediately following graduation, one in Alberta and the other in Meadow Lake, Saskatchewan. There were 3 students working casual in the Saskatoon Health District, 1 working at St Ann's Nursing Home as a casual cook, 1 working in Moose Jaw at a permanent part-time position and 1 working as casual supervisor in Regina.

In response to the accreditation team's recommendation to reduce student workload FNM has deleted JOB 288 Job Search (20 hours), HOSP 182 Introduction to the Hospitality Industry (12 hours), PERS 182 Employability Skills (12 hours) and created a new course Career Development (30 hours). Approval for this change is going forward to the Dean.



Message from the Editor

I would like to take the opportunity to wish you and your family all the best this holiday season and a blessed New Year on behalf of the SSNM Board of Directors!



As the start of a brand New Year is upon us we can take the opportunity to set on a fresh course for 2013. It doesn't hurt to take a quick look back at the past year, to learn from it and then envision the one that will come to be. We think about what went great, what can be done better and what new goals we can set for ourselves.

Perhaps this is the year to consider certification? Volunteer for a new organization? Set on a course of healthier eating choices? Take a class? Join the gym? Or spend more time with your family? Whether your goals be personal or professional we wish you all the best in achieving them.

My goal for 2012 was to try 52 new recipes! I did it! What are your goals going to be for 2013?

Whether an extended vacation or a brief break, I hope you have time to celebrate the holiday season with your family and friends.

Reanne Kolbe

Membership renewal will begin January 2013. Ensure you renew by March 31, 2013 to avoid a \$25.00 late fee. Once again, we are delighted to provide online renewal and payment option for our members. Please note that you do not require a PayPal account to make an online payment. You may also renew by mailing a cheque to our SSNM office. However, please complete the online renewal form prior to submitting a cheque. This will assist our office in processing your renewal in a timely manner.

All receipts will be emailed on April 1, 2013. Be sure to stay tuned for further information via e-mail and Facebook!

Should you require assistance or have any questions, please contact Karen Kwan at treasurer@ssnm.ca.

Karen Kwan

SSNM Treasurer

**Happy New
Year from the
S.S.N.M Board
of Directors!**

**Membership
Renewal Up-
date**

Pay On-Line

Pay by Cheque

**Avoid late fees
and pay prior
to the March
31, 2013 dead-
line!**



Food & Nutrition Management: Thank you to the Industry Dinner

Night in Paris presented by the Food & Nutrition Management Program Year II students was a resounding success!

The evening represented the finale of the second year catering class; with guests being partners from the Industry that have assisted the students in their educational journey. Amongst those in attendance were SIAST's President, Dr. Larry S. Rosia, Acting Dean, Heather West & Program Head, Connie Frith.

Guests were treated to traditional French fair; accompanied by a Power Point presentation, contests, and wait staff dressed with a French flare!

Many S.S.N.M. members were in attendance, including several Board of Directors members: Tennille Corbett, Leanne Kolbe, Amy Chappell and Karen Kwan.

Chapeau bas/ Hats off! For a job well done!



Recognize any of these faces from the Food Service Administration Class of 1993?



SAVE THE DATE!

Plans are underway for the 2013 SSNM Spring conference. It will be held Friday April 26th at the Ramada Hotel and Golf Dome. The theme and focus of the day will be the future of food and food sustainability. Al Scholz from the [Saskatchewan Institute of Agrologists](#) is confirmed as our presenter for the morning. We are working on confirming a presenter on Mindfulness for the afternoon.

We will be working to send out our conference sponsorship request letters in the next couple of weeks. Our conference committee is always seeking new ideas and perspectives so if you are interested in helping our with our conference contact me at conference@ssnm.ca. Please watch for upcoming online registration for the conference on ssnm.ca. We are excited for your anticipated attendance of the 2013 SSNM spring conference.

Stacey Rowe

SSNM Conference Chair

conference@ssnm.ca

Did you know?



*Jennifer Basset is engaged!
Congratulations Jennifer and Carl!*



*Chylann Pease is engaged!
Congratulations to
Chylann and Aaron!*



*Rosanne Klenk's
son, Tyler is a
member of Team
Canada Jr. Field
Hockey and re-
cently played in
Los Angeles with*

*a four game series against team USA: 2 wins,
one loss and one tie! Way to go!*

Greetings from CSNM President Elect

As President Elect, part of my portfolio is to co-chair the Marketing committee. CSNM has contracted the services of Thinkdo, a marketing firm, to complete a Branding Refresh for CSNM. Branding refers to the CSNM identity, who we are, and what we can offer our members, employers, colleges, governments and other interested parties. The marketing committee, comprised of board members and volunteers from the membership, have been meeting to explore the Brand Stories and Themes that Thinkdo has visualized. Thinkdo has spent time researching the Society, asking questions of board members to help them understand the concept of food and nutrition management in Canada. The website will soon be new and exciting, also considerable work is being done in the area of social media. Two board members are involved in this and have had many meetings with Thinkdo to get this up and running smoothly.

Look forward to seeing a fresh and "user friendly" website soon!!!

Mark the date on your 2013 calendars for CSNM's annual general meeting and conference to be held in the Toronto area on May 9 and 10, 2013. See you there!!

On behalf of the board of CSNM, I would like to wish a Merry Christmas to everyone and all the best in 2013.

Jean Van Nus President Elect CSNM

Meet Communications Chairperson: Leanne Kolbe

Hello, my name is Leanne Kolbe; I am the Communications Chair person for the Saskatchewan Society of Nutrition Management. I have had the pleasure of serving on the SSNM Board for over four years now. I started out as Conference Chairperson and was extremely fortunate to have the opportunity to assist in the planning of the Canadian Society of Nutrition Management conference when it was hosted in Saskatoon a few years ago. My role includes production of this newsletter, managing the info@ssnm.ca email, distribution of communication to the membership, [Facebook](#) updates and [website](#) updates.



I graduated in 1994 from the Food Service Administration program at SIAST Kelsey Campus and was the recipient of the Kelsey Student Achievement Award. Since graduation I have worked in a variety of roles, including casual food service supervisor, Scheduling supervisor, Menu marker, Computrition Implementation Project Assistant and Central Ordering Office Supervisor. Presently I work for a Food Service Management software company, [Computrition, Inc](#) as an Account Relationship Manager. My extensive experience in the food service industry along with my education have ensured success in this role.

Early in 2012 I achieved my Certified Nutrition Manager designation. If you have any questions about pursuing this option for yourself please let me know and I would be happy to assist.

Highlights of 2012 include presenting at Computrition User Conferences in New York and Kansas City. I was able to extend both visits to allow me to sight see and check out Times Square, Grand Central Terminal and attend my first Major League Baseball game! Another highlight of this past year was attending the Ontario Society of Nutrition Management conference in Waterloo, ON. The planning committee did a fantastic job of mixing education and fun!

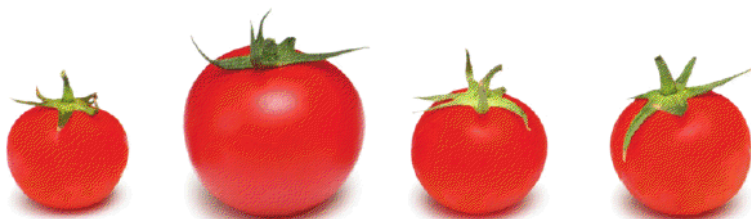
I want to wish all of you a very Merry Christmas and all the best in 2013.

SSNM Members:

Reach Leanne at:

info@ssnm.ca

Leanne would love
to hear from you!



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Is your business interested in membership with Saskatchewan Society of Nutrition Management?

Send a message to info@ssnm.ca to learn more now!

CSNM: Saskatchewan Representative Update

The Past-President role entitles me to sit on the CSNM Board of Directors to represent the SSNM. This year, so far, the CSNM board has made some great progress with policy updates, marketing, member surveys, RFPs, and of course, conference planning. Being a member of the national board allows me to see great collaboration between a diverse and talented group of food service leaders. We are using leadership skills that are not necessarily our daily work but still challenges us and gives meaning to a national board. Representation from all parts of Canada means challenges and successes are brought to the table to ensure everyone has a voice.

I am proud to have made some great friendships while serving on the board and our current president, Kathy Cuthbertson, has an amazing talent of making sure everyone's opinion is heard and valued. This kind of leadership moves the CSNM forward and helps to give insight to the provincial chapters to move them forward as well. In the years that I have volunteered with the SSNM, I have had the opportunity to travel to Vancouver, Montreal, London (ONT), and Waterloo (ONT). During these meetings and conferences, I have been in awe of the dedication that the CSNM takes to further educate not only the CSNM members but the board members. Director workshops are held to inspire and succession plan for the future.

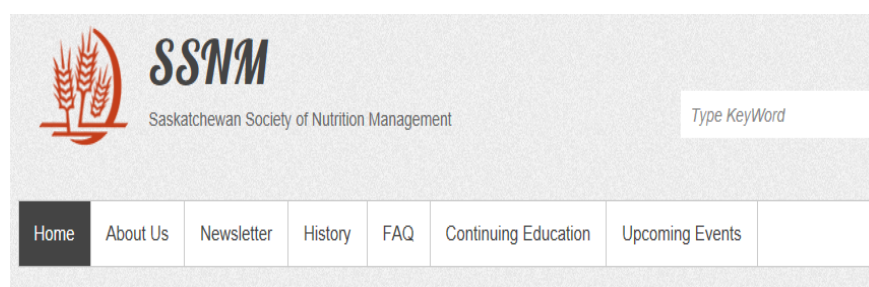
The role of the SSNM representative to the CSNM is to share what the SSNM is doing to engage and educate its members to the field of practice and to the CSNM. Each month, a teleconference is held in which I am a part of. Points of interest can be brought forward as simply something to review or as an agenda item that will be discussed. Each quarter, I am asked to submit an article for the Industry News in the CSNM magazine. I am glad to have the opportunity to share our Saskatchewan highlights in our magazine.

Representing the SSNM is only one part of sitting on the board, though. I sit on two committees, Membership and Nominations, where I am assigned tasks by the chair to help bring the strategic plan ahead for those working groups. In the coming months, the SSNM and CSNM will be working side by side to carry on for the 2013-2014 year. Membership renewal, nominations for the new board of directors and conference planning will all take a front seat and will take up the majority of our attention. The SSNM AGM and Spring Education Day will be held in Saskatoon on April 28, 2013. This is an important event to attend as the incoming president will be headed to Toronto on May 9-10, 2013 for the CSNM Conference. If you are interested in representing your peers and your profession in a new and exciting way, I would love to speak with you to share my experiences with the CSNM. I look forward to seeing you in Saskatoon in April! All the best to you this holiday season!

Jennille

We are getting a face-lift!

Delays in the launch of our new website have occurred, however we are hopeful that we will have it up and running before membership renewal and conference registration! This is a sneak peek of the new format that we hope to unveil early in 2013!



Home

Increasing demands in the delivery of health care have led to the employment of members in many phases of the health care and food service industries. The emphasis on cost control, quality assurance and client/customer service, accreditation, and safe food handling requires the qualifications of a member of the Saskatchewan Society of Nutrition Management.

Welcome to the SSNM website where we strive to keep you updated with the latest information on upcoming events, publications and actions from around the province.